

Friendly & Positive News and Sports!

YOUR SOURCE FOR LOCAL NEWS & SPORTS BOYNE CITY, CHARLEVOIX, EAST JORDAN, ELLSWORTH AND SURROUNDING AREAS

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<u>Charlevoix</u>



BOYNE CITY - Well appointed home in Boyne City close to schools and Downtown. Home features Cherry Cabinets in the Kitchen and Hickory Floors throughout the living area. With a full basement and egal egress for a potential fourth bedroom or extra living area. This home has a lot to ffer. Secluded back vard has a nice deck overlooking a number of flowers and perennials (see addendum for list). This home is a great opportunity for someone looking for the convenience of in town but the privacy of out of town. 151,900

November 5, 2015



The Front Porch Needs a Miracle

By Tina Sundelius

ELLSWORTH - News spread fast. A rumor that if something, a miracle, didn't happen the faith-based Front Porch Cafe in Ellsworth, a 501(3)c 'pay what you can' restaurant would be closed in a month. At a meeting held Monday, November 2 board members brought over 50 concerned citizens up to date on the financial woes of the restaurant which according to those present is a vital part of the community, fielded questions and asked for input.

"We want to do this together, and we can," began Pastor Jared VanNoord, one of Front Porch Ministries 6 current board members. "The restaurant has not been self-sustaining and quite honestly it can't be," he said. The restaurant was \$4,000 under the break even point at the end of September and \$22,700 at the end of October. VanNoord explained that the financial reality of the restaurant from a human point of view was grim and that the very nature of the ministry warrants the need for a steady flow of donations. He presented options the board had been discussing: Raising suggested donation menu prices, reducing staff, and reorganizing the entity so that the restaurant is a for profit owned by a nonprofit. None



of which seemed to be appealing to the board or those present.

Olivia Adams, board member and owner of All Seasons Accounting Services, also explained that the

restaurant received a grant in the past but that it was no longer available. However, if more data was collected about where customers were coming from and how many people

took advantage of the ability to pay only what they could afford, more grants would become available. "In order to get grants we need data," she said. Restaurant staff have been very careful to not infringe on customers privacy concerning what they do or do not drop into the donation box. "At our last meeting it seemed like everyone wants to keep it a nonprofit," she said after presenting the options. Several suggestions were made by members of the community including ways to collect data, and inform customers about how the restaurant functions and the need for better marketing. "These are good sug-

gestions, I'm writing everything down," said board member Nancy Ferguson who told the crowd that they were looking for someone with fundraising expertise. "We are looking for any kind of help we can get in that area," she said.

The restaurant presently has enough resources to operate until the end of January. "We are setup to lose money and the last few years we've had more and more days we're off in the wrong direction," said Ferguson. The meeting ended with the board, staff and customers of the Front Porch still searching for an answer to keep the 7 year old ministry alive and are open to all suggestions.



LOCAL ELECTION RESULTS

By Tina Sundelius

CHARLEVOIX — Voters headed to their local city and township halls on Tuesday, Nov. 3 and generously renewed the Charlevoix

Public Schools millage, passed a \$3 million bond

issue for Ellsworth Community Schools and residents in Boyne City, the city of Charlevoix and East Jordan

put both old and new repre-

sentatives on the city com-

line, Hayes, Norwood and

Marion townships along

with those in the city of

Charlevoix voted to renew

been collecting for school

operations. The non-home-

stead millage equates to \$18

on every \$1,000 of taxable

and will be in effect until

2020. The non-homestead

millage makes up 88% of

ing bringing in approxi-

district.

mately \$7.1 million for the

In the election for the

Aaron Hagen ousted incum-

bent Jeff Porter taking 64%

of the votes in Charlevoix's

bent Leon Perron ran unop-

incumbent Shirley Gibson

beating out write-in candidate Greg Bryan 132 to 130.

Boyne City voters put

Thomas Neidhamer back in

kept her seat by only 2 votes

Ward 1. In Ward 2, incum-

posed and in Ward 3,

Charlevoix City Council,

the district's per-pupil fund-

value of eligible properties

the 18 mills the district has

Voters in Charlevoix, Eve-

missions.



Rayder Emily Zabowa (2) elevates for this kill attempt as Boyne City's Madison Reynolds (8) awaits a block attempt. (PHOTO BY **CINDA SHUMAKER)**

Weekly Volleyball Roundup **3B**

FOOTBALL

 Ramblers make it to **District Finals 1B**

CROSS COUNTRY

Regionals **3B**

Index

Weather	2A
Obituaries	2A
News Briefs	7A
Local Sports	1-3B
N. Mi Outdoors	3B
Class-Ads/Real Estate	4-8B



Permit No. 70 Gaylord, MI **DIA** Standard Mail

Veterans Day ceremonies honor service to our country

By Jim Akans

Wednesday, November 11th is Veteran's Day; a date designated each year for honoring those who have served and who are serving our country in the military. It is not a date that was arbitrarily set; rather, it marks the occasion of an armistice that was called on November 11 at 11 am in 1918, ending hostilities between Allied nations and Germany during World War I. The following June, President Woodrow Wilson proclaimed the 11th day of the 11 month to be Armistice Day, and many communities hold memorial ceremonies at the 11th hour on this holiday.

Armistice Day became an official holiday in 1938, was given the name Veteran's Day in 1954, and while the date moved around a bit during the early 1970's, it was reanchored to the 11^{th} day of the 11^{th} month by a law signed by President Gerald Ford in 1975.

Please take time this Wednesday, November 11th, to honor, recognize

and remember the service of veterans and active military personnel. To those who have or are serving: THANK YOU!

Following are some of the ceremonies and programs that will be held in the Charlevoix County News distribution area this year:

Boyne City -

The American Legion will hold ceremony at Veterans Memorial Park on Wednesday, November 11th at 11 am. There will also be a tribute, "America Sings" Salute to Veterans at the Performing Arts Center on Sunday, November 8 at 1pm. Admission is free.

Charlevoix –

There will be a wreath-laying ceremony and the playing of taps at the Charlevoix Area Veterans Memorial in Veterans Park on Wednesday, November 11th at 11



Please take time this Wednesday, November 11th, to honor, recognize and remember the service of those veterans and active military personnel. PHOTO BY JIM **AKANS**

am. Will also include a memorial service for Sgt Charles Richardson who was lost at sea in 1942 and the lost plane was recently discovered.

Village of Ellsworth -

There will be a Veterans Day coffee at the high school at 8:30 am followed by a ceremony in the gymnasium at 9:00 am.

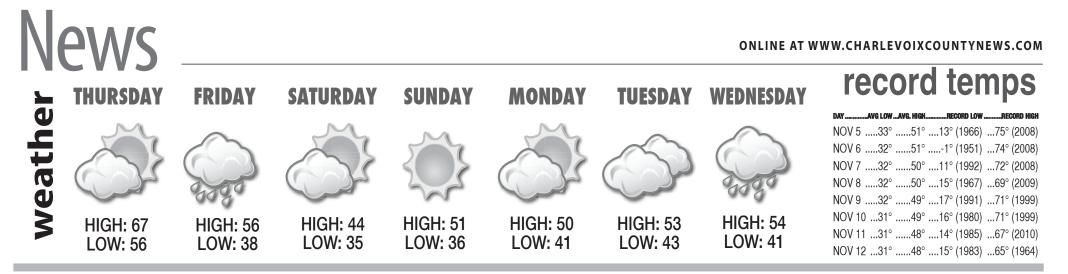


his seat with 365 of the 1031 total votes cast in the city. Hugh Conklin will fill the second available commission seat with 361 votes. Candidate Gary Mellon re-

See **ELECTION** -8A

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ECRWSS POSTAL CUSTOMER



Archie R. Klein, 89 (APRIL 20, 1926 – NOV. 1, 2015)



Archie R. Klein of Boyne City, passed away Sunday, November 1, 2015 at the Veterans Affairs Hospital in Ann Arbor, Michigan. He was born April 20, 1926 near Atlanta, Michigan to Roy J. and Iona P. (Hall) Klein.

Archie joined the U.S. Navy during his senior year of High School and served during WWII as a Motor Machinist Mate, Petty Officer 2nd Class. He was a member of the UDT-19 Frogmen Underwater Demolition Team who help lay the foundation for today's Navy Seals. During the war the Navy formed these teams to do reconnaissance and clear the beaches for the Army and Marines to land on the South Pacific Islands. They were a secret outfit at the time and were called frogmen because of the fins they wore on their feet.

On June 13, 1947, he married Betty Eileen Stuebing in Atlanta, Michigan. They made their home in Tower, Michigan where he was employed at the Presque Isle Power Plant and in 1952 he was transferred to Wolverine Power Supply for a total of forty-three years between the two power houses, before retiring in 1991. He was a lifetime member of the Veterans of Foreign Wars Post 3675, a member of the American Legion Post 228 and the United Methodist Church in Boyne City. Over the years he enjoyed his tractors, motorcycles, traveling and but most of all his family.

Archie is survived by his wife Betty, his seven children, Diane Charleen (Thomas) O'Brien of Traverse City, Dennis Lee Klein of Elmira, Janet Lorraine (Albert) Solomon of Charlevoix,

OBITUARIES

Loretta Jane (James) Richards of Boyne City, Susan Colleen (Kerry) Hocquard of Boyne City, David Michael Klein of Sparta and Betty Ann (Timothy Sorenson) Klein of Ellsworth, eighteen grandchildren, twenty two great grandchildren, one brother Eugene Dennis Klein, sister-in-law Geraldine Klein and his very dear cousin Sharone Rohrscheib.

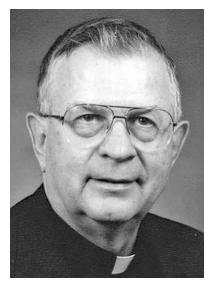
He was preceded in death by his parents, two brothers Irving and Benjamin and two sister in-laws.

A Memorial Service will be on Tuesday, November 17, 2015 at 11 AM from the Boyne City United Methodist Church. Interment will follow with military honors at Maple Lawn Cemetery.

Memorial contributions may be made to the Boyne City United Methodist Church or the VFW Post 3675 in Boyne City, through Nelson Funeral Home & Cremation Service, PO Box 1548, Gaylord, MI 49734.

Msgr. James A. Suchocki, 79

(MAY 1, 1936 - OCT. 22, 2015)



Charlevoix COUNTE 7, ISSUE 20 E-Mail News Releases and Announcements to Office@CharlevoixCountyNews.com

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Beloved brother, uncle and ordained priest who served the Diocese of Saginaw, Diocese of Gaylord and the Archdiocese of Miami passed away Thursday, Oc-

cese of Gaylord as Vicar, Vicar General, Ordinary Confessor for the Sacramentine Sisters and Knights of Columbus Chaplain. Msgr. Suchocki also served as Chaplain for Michigan State Police. In 1996, Msgr. Suchocki was released to the Archdiocese of Miami where he continued his ministry. On February 1, 2005, Msgr. Suchocki was granted Full Senior Priest Status and on December 23, 2011 was named Prelate of Honor of His Holiness, Pope Benedict XVI. This recognition carried with it the honorary title of "Monsignor".

Surviving are two sisters and one brother, Judy McCartney, Saginaw; Mary Ann and Jerry Moore, Saginaw; John and Mona Suchocki, Saginaw; a sister-inlaw, Roberta (Bobbe) Suchocki, North Miami, Florida; many nieces and nephews, Linda Mc-Cartney, Kathie (John) Vitale, Maureen (Stephen) Thompson, Thomas (April) McCartney, Gerald (Kimberly) Moore, Lorrie Moore, Cynthia Moore, Adam (Laura) Suchocki, Ann (James) Mason, Erica (Brian) Schroeder, Rebecca Suchocki, Brian Suchocki, Aaron Suchocki and Corey Suchocki; 13 great-nieces and great-nephews; many special and dear friends including Sister Virginia Phillips. Msgr. Suchocki was preceded in death by a brother, Arthur Suchocki, and by a brother-in-law, Thomas McCartnev

Funeral Mass will be celebrated 11:00 a.m. Monday, October 26, 2015 at St. John Paul II Parish-St. Josaphat Site, (the location of his First Mass), 469 Shattuck Road, Saginaw, Michigan, 48604. Most Rev. Steven Raica, Bishop of the Diocese of Gaylord, presiding. Homilist will be Rev. Fr. Robert H. Byrne. Friends may call at The Snow Funeral Home, 3775 N. Center Rd., (between Shattuck and McCarty), where the family will be present on Sunday from 12:00 noon to 6:00 p.m. and at St. John Paul II Parish-St. Josaphat site on Monday from 10:00 a.m. until time of Mass. A Vigil Service, led by Rev. Fr. Richard E. Jozwiak, will take place 4:00 p.m. Sunday at the funeral home. Those planning an expression of sympathy may wish to consider memorials to the Msgr. James Alex Suchocki Scholarship Fund for St. Andrew Catholic Church, 9950 N.W. 29th Street, Coral Springs, Florida, 33065, the Diocese of Saginaw Seminarian Fund or the Diocese of Gaylord Seminarian Fund.

Charlevoix, and was employed by the Bergmann Center Adult Handicap Workshop for thirty years retiring in 1994.

Connie was a member of the Community Reformed Church. She enjoyed latch-hook and needlepoint, and loved to write. She is survived by her siblings,

Cindy (James) Mansen of Charlevoix, Ellen (Terry) Ormsby of Clinton Township, Mitch (Connie) Cunningham, Darlene (Dave) Heine, and Marlene (Ed) Evans all of Charlevoix; aunts, Jessie Cunningham, and Helen Cunningham both of Charlevoix; uncles, Robert (Maize) Potter, Eldon (Anah) Potter all of Charlevoix, Ted (Doris) Potter of Houghton Lake; many nieces, nephews, and cousins. Connie's parents, Clyde and Jeannette Cunningham preceded her in death.

Funeral will be 11:30 am, Wednesday, November 4, at the Community Reformed Church in Charlevoix where visitation will begin at 10:30 am. The Reverend Chip Sauer and Jan Boss will officiate. Burial will take place in the Barnard Cemetery.

Memorial contributions may be made to the Bergmann Center, 8888 Ance Road, Charlevoix, MI 49720, or to Boulder Park Terrace Nursing Home, 14676 West Upright, Charlevoix, MI 49720.

Please share a memory of Connie or condolences at www.winchesterfuneralhome.com

David H. Miller, 91

(SEPT. 12, 1924 - OCT. 30, 2015)

David H. Miller of Charlevoix, died Friday, October 30, 2015, at Hiland Cottage Hospice House in Petoskey. He was born September 12, 1924, in Charlevoix to Milo and Laura A. (Bassett) Miller. On October 7, 1944, he married Marilyn J. Hair in Petoskey, and they made their home in the Charlevoix/Petoskey area.

Marilyn preceded David in

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NORMA JEAN BABCOCK NJ@CharlevoixCountyNews.com MICHELLE MEDJESKY mm@WeeklyChoice.com tober 22, 2015. Age 79 years. The son of the late Alex and Florence (Kruska) Suchocki, James was born May 1, 1936 in Saginaw, Michigan. He graduated from Ss. Peter & Paul High School, St. Mary College, Orchard Lake and North American College in Rome and was ordained on December 19, 1962. During Msgr. Suchocki's ministry, he was appointed Assistant Pastor at St. Mary's Cathedral in Saginaw. When the Diocese of Gaylord and Saginaw were realigned, Msgr. Suchocki remained in the Diocese of Gaylord where he served as Pastor of St. Joseph Parish in West Branch, St. Joseph Parish in Manistee, St. Mary/Holy Redeemer in Gaylord/Vanderbilt, St. Thomas Aquinas Parish in Elmira, Immaculate Heart of Mary in Tawas, St. Pius X in Hale, St. James in Whittemore, St. Francis Xavier in Petoskey. He also served the Dio-

Connie J. Cunningham, 68

(MARCH 7, 1947 - NOV. 2, 2015)

Connie J. Cunningham of Charlevoix, passed away Monday, November 2, 2015, at Boulder Park Terrace Nursing Home. She was born March 7, 1947, in Charlevoix to Clyde and Jeanette L. (Potter) Cunningham. Connie grew up in death on May 24, 2013.

He is survived by his daughter, Sandra (Terry) Murray of Charlevoix; grandchildren, Raina (Dale) Streeter, Randy (Amy) Chambers; great-grandchildren, Oliver and Henry Streeter, Katherine and Max Chambers; many nieces and nephews. David was also was preceded in death by his daughter, Ruth Ann Chambers in 1975; his parents, and brothers and sisters.

No services are planned. Interment will take place in Brookside Cemetery in Charlevoix.

Memorial contributions may be made to Hiland Cottage Hospice House, One Hiland Drive, Petoskey, MI 49770.

The Winchester Funeral Home in Charlevoix is handling arrangements.

Bloomfield Hills Man Facing 'Revenge Porn' Charge

A 25-year old Bloomfield Hills man is facing criminal charges in Charlevoix County after allegedly posted nude photos of a woman on the internet after the breakup of their relationship.

Andrew Forbes Roche was arrested in August after posting photos of his ex-girlfriend on a website designed for revenge and shaming former partners. According to the complaint, Roche posted several nude photos of the victim on the website without her consent, along with her personal contact information, as a form of retaliation after the woman ended their relationship.

"Revenge porn is a relatively new and particularly serious form of abuse," said Charlevoix County Assistant Prosecuting Attorney Gregory Justis. "The concept of revenge porn is simple: to use the victim's most intimate moments and her most private space – her own body – to degrade and humiliate her, and to engage thousands or millions of strangers on the internet to participate in the act." According to the prosecutor, the victim was made aware of the photos, which included several nude "selfies" sent privately during their relationship, after receiving an anonymous call and comments from people who had viewed the website.

As of the date of the complaint, the victim's photos had been viewed over 50,000 times.

"The young woman in this case is constantly victimized," said Justis. "Each time her photos are viewed, each time a degrading comment is posted by a stranger, each time her phone receives a call or text from an unknown number, she's harmed in a very real way."

Michigan is one of several states attempting to address the problem of revenge porn through either new laws or the use of older laws to prosecute the act. "The sole purpose of these websites is sexualized violence, particularly against women," said Justis. "They are designed explicitly to turn intimacy into pain. When an individual posts nude photos on these sites without a victim's permission or even knowledge, he exercises control over that person and receives the gratification of knowing that she's being publicly injured."

Despite a recent push to prosecute revenge porn cases, removing photos from the websites has proven difficult. "Once the photos are on the internet, it's incredibly difficult to remove them," explains Justis. "The sites are often based overseas, and demand payment of hundreds of dollars from individuals who wish to have their photos taken down. And even if someone pays, the photos remain online."

Roche faces a charge of unlawful posting of message, a twoyear felony. The trial is scheduled for February 22, 2016 in the 33rd Circuit Court.

The charges against Roche are mere allegations and he is presumed innocent unless and until proven guilty beyond a reasonable doubt in a court of law.

Charlevoix Kiwanis Club inducts Vince Chew as president

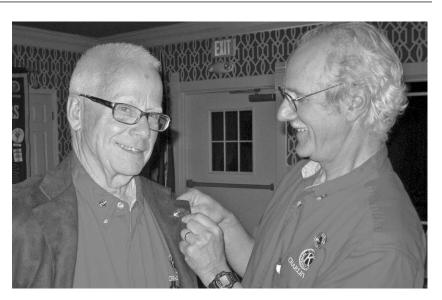
Vince Chew was installed as the President of the Charlevoix Kiwanis Club, which has served the Charlevoix Community for 81 years. The installation was done by the Michigan District of Kiwanis International Division #22 Lt/Gov. Larry Minch, which was held at the Grey Gables Restaurant. Members and guest present enjoyed a great meal along with the Installation of our new President and Officers.

Newly Elected President Vince Chew say's it's an honor to follow in the footsteps of the Past Presidents who have continued Kiwanis commitment serving our young people right here in Charlevoix.

The Charlevoix Club has continued sponsoring our Scout Troop11 for over 75 years, a Builders Club that involves Middle School students and an Aktion Club that involves adults with disabilities and Head Start reading program. Beyond Charlevoix, the club supports Michigan Children's Hospital and the International Eliminate Project (Neo Natal Immunization) plus community youth projects as the need arises. President Vince Chew says all good works comes from our dedicated members who volunteer many hours supporting our youth activities.

Anyone interested in being a part of our organization call President Vince Chew at 547-4157.

RIGHT: Past-President John Young pinning newly installed President Vince Chew. COURTESY PHOTO



ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

First Friday for Foodies begins at Crooked Tree Arts Center

By Michelle Medjesky

PETOSKEY - As northern Michiganders buckle in for another long, cold winter, Liz Ahrens hopes more people will spend their Friday mornings warming up at Crooked Tree Arts Center and bonding over things like kale.

That's right. Kale.

This Friday, November 6, will kick off "First Friday for Foodies", a new program being launched through a partnership between the Petoskey Public Library and Crooked Tree Arts Center, where Ahrens is CTAC President.

Ahrens said "First Friday for Foodies" is a free program geared towards encouraging anyone with an interest in foods and their preparation to come together once a month in the art center's newly remodeled commercial kitchen to learn and have a hands-on experience with different foods.

She said the idea grew as a natural extension from the weekly Petoskey Farmer's Market that is now being held on Fridays in the CTAC Carnegie Building at 461 East Mitchell Street.

The downtown Petoskey Farmer's Market is held outdoors during summer months along a section of Howard Street and has in years past moved indoors to



Crooked Tree Arts Center president Liz Ahrens shows off the newly-remodeled commercial grade kitchen at CTAC, where a new program called "First Friday for Foodies" will kick off at 11am Friday, November 6 with the theme, "Preparing Kale" by Bear Creek Organic Farm. The program will be held the first Friday of each month and is free to anyone interested in learning about different foods and their preparation. The CTAC kitchen can be accessed from the alley behind the arts center at 461 East Mitchell Street in downtown Petoskey.

local artisans are also now participating and offering their handmade creations for sale.

Ahrens said the new location inside the Carnegie Building has so far proven "very popular" and already they have signed their maximum quota of 25 booth vendors to show up each Friday.

During "First Friday for Foodies", a different vendor will be spotlighted each month, and they will teach participants about the food itself and techniques to prepare it, Ahrens explained. The first in the series will be held Friday, November 6 at 11am and is themed, "Preparing Kale", sponsored by Bear Creek Organic Farm. Next in the series will be on Friday, December 4, also at 11am, titled, "Gluten-Free Holidays" with the Grain Train.

"First Friday for Foodies" will take place in the CTAC kitchen, which recently underwent a \$90,000 renovation, thanks to a matching grant from the State of Michigan and donations from area residents.

Ahrens said the remodeling process overall finished up about a month ago and includes new commercial grade appliances, new venting and brightly lit and expansive, new work and cooking surfaces. "We renovated everything so that it would work in a more educational way," she said. foster new friendships. "Sometimes when you go to a big event where there's a lot of people, you wander around and maybe feel a little lost, but in here, you're working right next to someoneand then there's someone else right across the table...Meeting people and having conversation is just easier in this setting because all the sudden, there you



Show your holiday spirit and community cheer by entering Charlevoix's 5th Annual Holiday Parade sponsored by 4Front Credit Union. COURTESY PHOTO

Registration open for Charlevoix Holiday Parade

Show your holiday spirit and community cheer by entering Charlevoix's 5th Annual Holiday Parade sponsored by 4Front Credit Union. Area Businesses, Organizations, and Individuals are invited to participate at no cost and lights are encouraged. The parade will be held on Friday, November 27th beginning at 5:30pm on Bridge Street in downtown Charlevoix.

The parade is a welcome addition to Charlevoix's annual Community Tree Lighting festivities, which run that same day. Tree Lighting activities will take place from 3 to 5pm and include complimentary cookie decorating and a holiday craft making workshop at the Charlevoix Circle of Arts, free photos with Santa at Charlevoix State Bank, hot cocoa and cookies in East Park, and of course, the lighting of the Community Christmas Tree for the first time this holiday season. And don't forget about all the great deals and specials being offered by area stores and restaurants throughout the day!

All are invited to join the parade! No entry is too big or too small and there is no charge to participate. Let's make the Com-

North Central Michigan College in winter.

But that location never really seemed to catch on, Ahrens said, so this year the downtown Farmer's Market is being held every Friday from 10am until 1pm at the Carnegie Building instead. It is now billing itself as the "CTAC Artisans and Farmers Market" because various

But while the new kitchen is now up to commercial par, Ahrens said the best thing about it is how it's still small enough to are mixing kale together," Ahrens laughed.

The CTAC Artisans and Farmers Market will be held every Friday from 10am until 1pm in the Carnegie Building on East Mitchell Street from now until June. For more information about the market or about "First Friday for Foodies" contact www.crookedtree.org munity Parade a cherished tradition that will continue for years to come. Contact the Chamber today at 231.547.2101 or info@charlevoix.org further details.

The deadline to register for the parade is November 20th. Parade registration forms are available at the Chamber office or at www.charlevoix.org.

Boyne Falls Public School Students of the Week



Lilliann Fenske

Grade: 3 Parent's Name(s): Brian and Brooke Fenske What do you want to be when you grow up?: A Doctor

Favorite Book: I like to read the Freddie Fernortner books.

Hobbies and Interests: I like to color and play soccer. I am learning to play the violin.

School Activities:

I like doing math at school. It's hard but fun! I also love science. I like to learn facts about things.

Staff Comments

"Lilli has such a positive attitude about learning! She loves to read and learn interesting facts about world around her. She enjoys helping and is a wonderful friend to all. I'm so proud of her persistence in everything she does. I can't wait to see all the amazing things she will do in life!"



Cody Milbrandt

Grade: 12 Parent's Name(s): Melissa and Travis Ogden Future Plans: Civil Engineering/Design

Favorite Book: The Outsiders by S.E. Hinton Hobbies and Interests: Photography

School Activities: Robotics

Staff Comments

"Cody is an outstanding young man. He is excelling in his digital photography class, producing work of a professional quality. He exhibits much creativity, not only through his art, but in the Robotics club and his other classes as well. He is a great example of a student who is proactive about his future, as he has taken on a summer internship last year and is currently dual-enrolled in a CNC program that will prepare him for his career path. We are very proud of his efforts and excited to see where Cody's future takes him!" - Melissa McGuiness

James L. Jeakle, M.D. Named New Medical Director of Charlevoix Area Hospital

Charlevoix Area Hospital has appointed James L. Jeakle, MD, a highly-regarded obstetrician and gynecologist, to an expanded role with the hospital, as its new medical director.

Dr. Jeakle has been with the hospital for more than 20 years, practicing at Charlevoix Women's Health Care, part of Charlevoix Area Hospital. He is widely known for providing exceptional women's health care and for his passion for lifelong learning.

Dr. Jeakle was honored by Michigan State University earlier this year when he was chosen by the Traverse City Campus Class of 2015 to be the recipient of the "Outstanding Volunteer Faculty" award. It is clear that Dr. Jeakle is highly valued by not only his peers, but his students.

"Charlevoix Area Hospital has a history of treating its patients,

physicians, staff members and visiting medical students like family," says Dr. Jeakle. "This new and expanded responsibility as medical director allows me to bring my passion for patient care and my commitment to our hospital's medical staff to a new level."

As its new medical director, Dr. Jeakle will work closely with Charlevoix Area Hospital's board of directors, to provide the optimal clinical and service experience for patients and their families.

"We are delighted that Dr. Jeakle is taking on this new responsibility with our hospital. He has a wealth of knowledge and expertise in both obstetrics/gynecology and in family medicine," reported Lyn Jenks, CEO of Charlevoix Area Hospital. "We have experienced his thoughtful approach to patient care and look forward to his very capable leadership as our medical director."



JAMES L. JEAKLE, MD

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- Beth Meier

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@CharlevoixCountyNews.com.

VETERAN'S DAY

Dear Editor:

We are fast approaching a special holiday, Veterans Day, to honor the men and women who have worn the uniform and helped to protect our country, whether abroad or at home. Our staff at the Aleda E. Lutz VA Medical Center and Healthcare Annex in Saginaw, Community Based Outpatient Clinics (CBOC) in Alpena, Bad Axe, Cadillac, Cheboygan County, Clare, Gaylord, Grayling, Oscoda, and Traverse City, take great pride in serving Veterans and their families.

I personally am proud to serve Veterans. I received my post college training at the Hines VA Medical Center in Chicago and have served Veterans for over 32 years. My father served in the Air Force in WW II, my husband served as a Navy Corpsman, and a niece and nephew were deployed to Afghanistan and Iraq. We have no greater mission in the Federal Government than to care for those who have served.

November 11 has been set aside each year to pause and remember the many sacrifices made by Veterans. Those who experienced extreme combat or other active duty conditions, those who were injured or became ill because of those experiences, many who still struggle with transitioning within their communities, others who won't seek medical or mental health care because they may feel someone deserves it more than them, or they just do not want to seek help.

I want to personally take this opportunity to reach out to Veterans and their families and welcome them to any one of our VA facilities. Although eligibility for care and services vary from Veteran to Veteran, it never hurts to pay us a visit and learn more about how you may be eligible for care, prescriptions, and more. We encourage individuals to visit www.ebenefits.va.gov or call 1-800-406-5143, extension 13120 or 13121 to ask for an ento specialty care, communications for primary care, and much more.

Our patient satisfaction scores told a story that we are working hard and doing the right thing for Veterans. Inpatient scores exceeded national averages for all targeted indicators for the period October 2014 – June 2015.

We received full accreditation from The Joint Commission after an April 2015 survey for Behavioral Health, Hospital Care, Long-Term Care, and Home Care.

A successful survey by the Long-Term Institute occurred in September 2015.

We received a three-year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) in October 2014 for our Blind Rehab, Compensated Work Therapy, and Veteran Homeless Programs.

Accreditation was received by the College of American Pathologists (CAP), also in October 2014.

We are also embracing new care concepts which include:

Relationship Based Care - Relationship Based Care enhances the care delivery by nursing and other clinical staff to improve the relationships between caregiver and Veteran, and their family members, as well as relationships between caregivers and with themselves. It promotes true caring of the Veteran as a human and not a case or diagnosis.

Integrative Therapies - A number of therapies are now introduced to Veterans to help with pain management, comfort, and healing. They include massage therapy, auricular acupuncture, aromatherapy, healing touch, and drum mantra repetition. Additional therapies are studied, trialed, and implemented when proven successful.

Whole Health Coaching - Provides a team approach which places the Veteran in the center of their care and encourages self-healing, promotes therapeutic approaches, and enhances collaboration of healthcare professionals to optimize the Veterans' health outcomes.

Telemedicine - A number of new clinics were introduced through the telemedicine delivery of care program. Some of the clinics implemented this year included: Pulmonology expanded to every CBOC from Saginaw. Pre and post-operative Thoracic Surgery with Ann Arbor being offered at all CBOCs. Tele-Audiology from Saginaw to Gaylord and expanded to Grayling and Alpena CBOCs. our VA and Community Based Outpatient Clinics as described above, we have also completed several construction projects which have included improvements to parking lots, laboratory renovation, expansion of some of our Community Based Outpatient Clinics, and the building of a new pavilion for Veteran and staff use.

This year, we have collaborated more in our communities than in any other year. On record, we have participated in community events, meetings, or speaking engagements to the tune of 119 events. We have developed new partnerships with the Department of Michigan Veterans Affairs through their establishment of Veterans Community Action Teams, and have a number of VA staff engaging in Veteran groups and coalitions throughout our state.

We held Veteran Community Town Halls in Traverse City, Clare, Grayling, and Mackinaw City this past year and heard first hand from Veterans, their family members, and others the good and the bad. We formulated action plans and committed to helping those with specific care needs, as well as looked for process improvement opportunities voiced at those meetings. We plan to hold quarterly Town Halls in additional cities in our primary service area this year as well.

Mental Health Summits were held in Traverse City and Bay City this year. These are opportunities for members of our community to come together for the betterment of Veterans who are in need of mental health care or support. They both proved to be very successful collaborative events.

Homeless Veteran Program Staff coordinated multiple Veteran Stand Downs in Alpena, Bad Axe, Gaylord, and Traverse City. Stand Downs provide a commonplace setting for Veterans in need to receive services and items, with the ultimate goal of enrolling them for care and services, as well as assisting them with their housing needs. Each month we meet with Vet-

eran County Service Officers and Veteran Service Officers on a variety of VA and Veteran issues, as well as meeting quarterly with Congressional and Senatorial Representatives whom support our VA and the **Community Based Outpatient** Clinics throughout our primary service area. Our Voluntary Service Program at the VA is 459 volunteers strong. They contributed a total of 39,038 volunteer hours to assist Veterans and staff. Through community contributions, our VA has received \$313,991.11 in donations this year, which support a variety of needs and activities for Veterans. In closing, I want to thank each and every VA employee. You do amazing work each and every day. Without your Integrity, Commitment, Advocacy, Respect, and Excellence, we would not be the proud VA

health care organization we are today.

Happy Veterans Day to Each and Every Veteran and if you receive your care with us, thank you!!! We are proud to serve those who have served. With My Gratitude,

Peggy W. Kearns, MS, FACHE Medical Center Director, Aleda E. Lutz VA Medical Center, Saginaw, MI

MICHIGAN ROADS To the Editor,

Driving Charlevoix County's Carson Road north off M-32 entering East Jordan from the east is a direct experience of roads needing attention. It was graded recently at the request of residents but since efforts had been mounted in the past to pave parts of it – apparently those with influence to do so – the road remains in limbo of gravel/clay mainly with spotty patches of pavement which are actually worse to drive on than the gravel and clay.

This road doesn't go anywhere, merely a connector to another rural road, but a number of people do live there and on offshoots of Carson Road. It is a well-traveled road in other words, for residents the only way to get anywhere and back. It is also, need we add, a route taken by emergency vehicles at need. Its ruts and ridges are epidemic, the washboard effect drivable only by slow and careful navigation, no guarantees of undercarriage longevity, i.e. springs, shocks, ball joints, tie rods, in fact the entire drivetrain. This is not the City of East Jordan's upkeep problem, this is Charlevoix County, the end of the line before merging with Antrim County on the south. Now, to assuage indignation, it's big business to grade a road, takes heavy equipment hauled in on flatbed trailers, man-hours, materials &c. To replace a road for pavement is commensurately a far bigger job requiring detours signs, inconvenience for residents, special allowance for every address, attention to public utility lines &c. Even patch work costs money. Enter the villain: statistics. The Michigan budget is currently some \$54.5 billion. The breakdown goes like this: Medicaid \$2.3B; K-12 \$300M; Higher Ed \$1.35B; Welfare \$187M; Prisons \$2.03B; Transportation \$11M. That's right, more to prisons than to higher education, and in this analysis more poignant when looking at our roadways and auto bridges. Eleven million contrasted with 2.03 billion tells a purposely futile tale. It's not difficult to realize why some country lane at the outskirts of a county would be

out of sight, out of mind. These guys have to work on a "triage" basis concerned with most vital need. But tell that to the people living on Carson Road.

The personnel at Department of Transportation (DOT) are the go-to guys but they also have to abide by state regulations and budget constraints. As Lansing wrestles with its collage of budgetary issues, transportation somehow keeps getting pushed over the edge of the card table. That's what is meant when they say an issue has been "tabled", in other words off the table. Certainly the budget breakdown doesn't account for \$54.5 billion but bureaucracy, administration. properties, pensions and so on quickly fill that out. There is disgraceful waste going on every year but as long as people are getting paid that's not about to reform itself.

In redistribution terms, that is, state disbursal of tax money to counties and cities, there is a shortfall. Thus police have been directed (never admitted or even discussed openly) to apply policing tactics designed to bolster coffers for the counties and cities, namely fees, fines, tickets, DUIs, drug money and forfeiture, mandatory counseling, anything that collects money. In other words the once-prevalent policy of protecting the citizenry from the bad guys has been turned inside out and is now a lucrative unofficial moneymaking policy. So what about the transportation guys? Lots of luck there; they have no other funding possibilities. They have to troll with a frayed fishing net. They're so broke they can't pay attention. Eleven million's a lot to you and me but not for fixing roads statewide. And there is that \$2.03 billion allocated to prison maintenance that can't be sustained even at that price.

There must be potholes enroute to Lansing but Michigan's legislators haven't gotten the message yet. Charlevoix County Road Commission consequently hasn't been able to act either. The quip locally is "forty miles of bad roads in any direction" but the road department does make improvements often. They have to abide by current standards of road building and repair which means more money spent. If there's no money, repairs go on the list of priorities. Carson Road is clearly at the end of the list. I had another drive the length of it and it is back to normal 10mph maximum speed with lots of braking, washboard most the way. It's a terrible road. The improved "two-track" Trojanek Road adjacent is a vast improvement. No doubt there are many Carson Roads around the Tip of the Mitt.

rollment packet. We also welcome you to visit our website at www.saginaw.va.gov to learn more about your hometown VA.

We provided care to 34,716 Veterans in a 35-county catchment area, contributing to 414,250 Outpatient Visits and 999 Admissions during our Fiscal Year 2015 (October 1, 2014 – September 30, 2015), and have experienced many amazing accomplishments during that timeframe:

We continue to improve upon clinic access and are gaining momentum on hiring clinical providers necessary to fill health care positions.

We have engaged in Systems Redesign utilizing LEAN Six Sigma practices to improve medical record document scanning processes, timeliness of consults Interpersonal Psychotherapy being offered at all CBOC's.

Genetic Counseling with Salt Lake City Utah being offered at all CBOC's.

Transplant Evaluation Clinics with Iowa City.

We are bringing Telemedicine to Beaver Island, Michigan as well.

Although much work has been completed within the walls of

Mitchell Jon MacKay, East Jordan



Hidden Treasures

CHARLEVOIX

Bergmann Center Resale Shop 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org

Kelly's Antiques & Furniture Barn 06176 Old US 31 S. ,Charlevoix 231-547-0133 www.dkellyantiques.com

Goodwill Retail and Donation Center 402 Petoskey Avenue Charlevoix 231- 437-6176

CHEBOYGAN

Goodwill Retail and Donation Center 982 S Main St.,Cheboygan 231-445-9300

EAST JORDAN

Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday

ELLSWORTH

Good Samaritan Furniture & More Store 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org

ELLSWORTH

Good Samaritan 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org

FREDERIC

Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300

GAYLORD

A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500

Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org

GAYLORD

Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357

Homespun Antiques & Crafts

230 West Main Downtown Gaylord 989-731-4305 Mon – Sat 10-5, Sun Noon - 4

GRAYLING

The-Brickery.com *Two floors of treasures* 107 Ottawa, Grayling, One block north of the light 989-348-8999

HARBOR SPRINGS

New Beginnings Thrift Shop 650 W Conway Rd.,Harbor Springs 231-348-2980

MIO

resale and thrift shops

Guide to area antique, consignment,

Strawberry Patch Resale & Consignment Store Downtown Mio, Mio MI (989)826-1503 Open Mon – Sat 10 am to 5 pm

PETOSKEY

Goodwill Retail and Donation Center 1600 Anderson Rd.,Petoskey 231-348-6947 www.goodwillnmi.org

Affordable options in the Health Insurance Marketplace in 2016

A new report detailing affordability and plan choice in the Health Insurance Marketplace finds that with applicable tax credits, 69 percent of Michigan enrollees could find plans for \$75 in premiums per month or less after tax credits; and 77 percent could find plans for \$100 in premiums per month or less after tax credits.

Michigan consumers who return to the Marketplace to comparison shop could save money. According to today's report, 91 percent of returning Michigan Marketplace consumers could save an average of \$895 annually in premiums before tax credits for a plan in the same level of coverage by returning to shop. Nationwide, if all consumers

switched from their current plan to the lowest-cost premium plan in the same metal level, the total savings - to consumers and taxpayers (in premiums and tax credits) - would be \$4.5 billion.

"Open Enrollment starts Sunday, and new and returning Michigan customers will find quality health coverage at prices that fit their budgets," HHS Secretary Sylvia Burwell said. "Nationwide, nearly eight in 10 Marketplace-eligible uninsured consumers can qualify for tax credits to help make premiums more affordable, and in Michigan 69 percent of returning enrollees could find plans for $$75^{-1}$ or less in premiums per month after tax credits."

Today's report includes infor-

mation on affordability and choice for consumers living in the 37 states that used the Health-Care.gov platform in 2015 and 2016

In 2015, roughly 85 percent of Marketplace consumers nationwide received tax credits to make their coverage more affordable. In 2016, a 27 year old in Michigan with an income of \$25,000 a year will on average get a tax credit of \$69 a month – compared to \$66 in 2015. A typical family of four with an income of \$60,000 will on average receive a tax credit of \$362 a month – compared to \$351 in 2015. Marketplace tax credits are structured so they keep pace with premium increases in the benchmark silver plan (see page 9 of the ASPE analysis for a detailed description of how premium tax credits work).

Across all markets in the 37 states HealthCare.gov states, the cost of the benchmark plan will increase an average of 7.2 percent. In Michigan the cost of the benchmark silver level plan will increase by 1 percent. This rate increase does not account for the benefit provided by tax credits to eligible consumers. States that had below-average premiums in 2015 tended to have higher premium increases in 2016.

According to today's report, in Michigan consumers can choose from 15 issuers and an average of 88 plans in 2016. Previous research shows that price competition typically intensifies with three or more competitors in a

market.

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Across all states using Health-Care.gov, 9 out of 10 returning consumers will be able to choose from 3 or more issuers for 2016 coverage. And on average, consumers can choose from 5 issuers for 2016 coverage, just as they could for 2015 coverage.

In Michigan there is 1 more plan on average than in 2015 for consumers to choose from. On average, each issuer has the same number of plans in 2016 as in 2015.

To read today's report, visit: http://aspe.hhs.gov/pdfreport/health-plan-choice-andpremiums-2016-health-insurancemarketplace

Red Cross introduces RapidPass online donor health history

American Red Cross blood and platelet donors can now help save lives in less time by using the new Red Cross RapidPass online health history system. RapidPass streamlines the donation experience by allowing donors to complete predonation reading and health history questions online from the convenience of a computer at home or work. It became available to donors locally on October 26 and is expected to reduce the time donors with a RapidPass spend at blood drives by up to 15 minutes.

"When people come to donate, they are giving platelets - they are also tions Manager with the Great Lakes Blood Servtime while helping save

How to improve the quality of your sleep

By Deb Hagen-Foley

Last weekend was the end of daylight savings time in most of the country. If you are like those in a study of 55,000 persons in Central Europe, you may have noticed improved sleep quality this week. German researchers report that the circadian rhythm, the body's internal clock, is disrupted with the start of Daylight Savings Time. The circadian rhythm follows the sun, adjusting according to where you live, changing in four-minute intervals. The four-minute intervals are significant as that is the amount of time for the sun to cross one line of longitude. Adjusting the clocks does not adjust our circadian rhythms. This attempt to artificially adjust our internal clock disrupts our normal rhythms. This disruption is maintained until daylight savings time ends in November.

The researchers base their findmore than blood or asleep or take medications that using that time for working will sleep. ings on the study of over 55,000 Follow these tips to repay your may impair sleep. The sleep deprilead to better nighttime sleep and people in Central Europe. Their generously giving their vation that results from insomnia more productive work the next sleep patterns were consistent time," said Todd Kulman, can lead to depression and memday. with the progression of dawn dur-External Communicaory problems. Chronic sleep dep-Exercise regularly. While exering standard time, but was dis-Plan on getting to bed earlier or rivation has been related to cising too close to bedtime may rupted during daylight savings increased risk of diabetes, obesity staying in bed later until your disrupt sleep, exercise in the time, returning to normal when ices Region. "RapidPass is and heart disease in addition to a standard time resumed. The morning or early evening can ima simple, convenient way greater likelihood for automobile adult needs 8 hours of sleep per prove your sleep. Research finds changes to and from daylight savfor Red Cross donors to accidents. Here are some tips to that regular exercise is related to ings time have noticeable impacts make the most of their deprived, you may need as many improve your sleep quality and an improved ability to enter into on sleep quality and productivity. as 10 hours sleep on consecutive quantity. deep sleep. Disruption of sleep patterns relives." Get ready for sleep before bed-Avoid medications that cau To get a RapidPass on sults in sleepiness during the day, time. Avoid caffeine in the afterwithout an alarm clock and feel drowsiness. This may seem a loss in productivity and an inthe day of a blood donanoon if you want to sleep better at fully rested. counter-intuitive, but the secret to crease in unproductive activities, tion, donors should visit night. Keep regular wake and improving the quality of sleep is to If following these tips doesn't such as "cyberloafing," unproducredcrossblood.org/rapidsleep times. Having set times for adopt habits that encourage restimprove your sleep, discuss your tive computer activity. The loss of pass, complete all of the going to bed and waking up will ful sleep. These medications may sleep problems with your doctor. an hour of sleep is also related to questions, then print help establish patterns and prebe helpful short-term, but they disan increase in heart attacks and their RapidPass or show it pare the body for sleeping. nia as a result of an underlying rupt normal sleep patterns and automobile accidents, the result of on a mobile device when Have a pre-sleep ritual. Having often result in a "sleep-hangover," sleep deprived drivers. they come to donate. a ritual to prepare you for bedtime feeling drowsy the next day. As you "fall back," with the po-Though an appointment helps the brain to gradually adopt Don't use alcohol to get to sleep. tential for an extra hour of sleep, isn't needed to use Rapida sleeping mode. Drinking before bedtime might it is a good time to review your Pass, donors are encour-If you have trouble falling help you fall asleep, but drinking sleep habits. According to the Naaged to make an asleep, review your current habits alcohol close to bedtime will disously. You doctor may help you tional Institutes of Health, the avappointment by using the for how you may be sending sigrupt the quality of sleep. As alcoerage adult sleeps less than seven Blood Donor App, visiting nals to your brain to stay awake. somnia so you can get the sleep hol is metabolized, it fragments hours per night. If you consisredcrossblood.org or call-Engage in relaxing, not stimulatyour body needs. sleep, leading to awakening during tently get less than eight hours of ing 1-800-RED CROSS to ing activities. For example, a sleep per night, you are probably the night and feeling drowsy the further expedite their dowarm bath or warm beverage next day. sleep deprived. You may be sleep nation. (non-caffeinated, of course), read-Create an environment for sleep. deprived if: you need an alarm DDICTED? Why not get the We have what you need! • Quit Smoking! We have E-Cigarettes Stop in and try a sample! **Charlevoix County News Drugs Alcohol** • Fax, Copy and UPS Center (we also pack for UPS shipping) delivered to your home Complete prescription services and education **Heroin Painkillers** Diabetic, first aid, and sports injury supplies Most Special orders in stock with 24 hours Local Home Delivery: \$55.00/year. Souvenirs, gifts, cards & puzzles **Michigan Therapeutic Consultants** Out-of-County Delivery: \$75.00/year. Central Drug Store 711 S. Illinois Ave. 989-732-HELP JOHN F. OCHS P.O. Box 205, Boyne City, MI 49712 Charlevoix (downtown at the traffic light, LANI D. OCHS www.Central-Drug.com Gaylord (4357) Phone: 989-732-8160 PHARMACISTS (231) 547-2424 fax (231) 547-0760 www.MTChelp.com MASSAGE THERAPY PHYSICAL THERAPY Health The Naturalist **Boyne Rehabilitation Center** 1029 Gornick Ave., 197 State St, Boyne City Gaylord SERVICES 231-582-6365 989-705-1451 Self Heal Massage/ SENIOR ASSISTANCE Body Work/Energy Medicine **Otsego County COA** Cathy Brink NCMP/AMTA 120 Grandview Blvd., Gaylord Reiki Master/Teacher rectory d 1029 Gornick Ave. 989-732-1122 www.otsegocountycoa.org Alpine Suite #103 989-619-6282 **Crawford County COA BEAUTY SALON** FITNESS FACILITY HOME HEALTH CARE HOSPITALS 308 Lawndale St., Grayling Health Dept. of NW Michigan **Otsego County Sportsplex** McLaren Northern Michigan **NUTRITION &** 989-348-8342 **Carriage Clippery** 1250 Gornick Ave., Gaylord 989-731-3546 220 W. Garfield. www.crawfordcoa.org 416 Connable Ave., Petoskey 308 South Otsego, Gaylord SUPPLEMENTS Charlevoix (800) 248-6777 989-732-5094 **Seniors Helping Seniors** 231-547-6092 www.ocsportsplex.com **Four Star Nutrition** northernhealth.org 221 E. Felshaw St., Gaylord www.nwhealth.org 604 W. Main, **OrigiNAILS by Shelley Otsego County Community Center** 989-448-8323 **Munson Healthcare Grayling** Gaylord 200 Fairview St., Gaylord 315 S. Center, Gaylord **Munson Home Health Care** www.seniorshelpingseniors.com/ 1100 Michigan Ave., 989-448-8618 989-732-6521 989-732-7100 309 W. North St., northernmichigan www.otsegocountyparksrec.com www.fourstarnutrition.net Grayling Gaylord 989-348-5461 800-252-2065 **Charlevoix County COA** DENTIST HOME CARE-NON MEDICAL PHARMACY www.mercyhealthgrayling.com www.munsonhealthcare.org 218 West Garfield St., Charlevoix Main Oak Family Dentistry **ComForCare Home Care** 231-237-0103 Northern Management Services **Charlevoix Area Hospital Central Drug Store** 219 East Main St. 814 S. Otsego Ave., Suite C, 657 Chestnut Ct... 14700 Lake Shore Dr., 301 Bridge St. www.charlevoixcounty.org/coa.asp Gavlord Gavlord Gaylord Charlevoix Charlevoix 989-732-6271 (989)448-2778 989-732-6374 231-547-8630 231-547-242 www.mainoak.com ComForCare.com/NorthernMI www.northernmanagement.org www.cah.org www.central-drug.com

clock to wake up on time; you hit the snooze button or have a hard time getting out of bed in the morning; you feel sluggish in the afternoon or get sleepv in meetings or lectures. Do you feel the need to sleep in on weekends, nap to get through the day or fall asleep in the evening while watching television? Do you fall asleep within five minutes of going to bed? You are probably sleep deprived.

Sleep deprivation is a result of sleep that is of unacceptable quantity or quality. Older people are more likely to suffer from insomnia, which impairs the ability to fall asleep or stay asleep. According to the National Institutes of Health, 1 in 3 adults suffer from insomnia occasionally and 1 in 10 have chronic insomnia. Compounding the problem, older persons are also more likely to have medical conditions that cause pain, making it difficult to stay



COURTESY IMAGE

ing a book (nothing too exciting) rather than watching television or working on the computer. Shut down the electronics (computer and television screens) about 90 minutes before you plan on going to sleep. Spending 30 minutes preparing for sleep rather than

Your bedroom should be dark, cool and quiet. Remove computers and the television from the bedroom the light from these devices sends a message to the brain that it is daytime and disrupts the internal clock. Watching television when you awaken during the night can hurt your ability to sleep, not help you get back to sleep. The light from video screens suppresses the production of melatonin, the sleep-inducing hormone, making the problem worse.

If you do awaken during the night and are unable to get back to sleep within 20 minutes, get out of bed and move to another room to relax until you feel ready for sleep again. Staying in bed while struggling to fall asleep links the sleeplessness with the bedroom and sets you up for continued bouts of insomnia. Use the bedroom for sleeping (and sex) to make it easier for your brain to know that once in that environment, it is time for

sleep debt - the difference between the amount of sleep you need and the amount you have been getting. sleep debt is repaid. The average night. If you are chronically sleep nights until you are able to awake Some people have chronic insomphysiological condition. Allowing chronic insomnia to continue for six months or longer can result in numerous physical and psychological problems as mentioned previdetermine the cause of chronic in-

Boyne City begins Valve Exercising Program

of reduced or no water pressure

sediment in their water, which is

normal and safe, although this is

Most of the valves being worked

on are in the roads or just off the

sides. Please be alert for workers

If you have any questions,

comments or concerns please

call the Boyne City Hall week-

days from 8:00 a.m. to 5:00 p.m. at

231.582.6597 or 911 at other times.

and may also briefly see some

unlikely for most customers.

in these areas.

On Monday, November 2nd Wach Water, a contractor for the City of Boyne City, began exercising and maintenance work on valves connected to water mains north of the Boyne River. This is being done to help insure that valves work when they are needed to isolate or adjust parts of the City's drinking water distribution system and keep the system as reliable and flexible as possible. This year's project is expected to take approximately seven to ten weekdays and should be completed by Friday, November 13th. Normal project hours will be from 7:00 a.m. to 3:30 p.m. weekdays. A follow up program for the area south of the Boyne River is being planned to be done in 2016.

During this time water valves will be identified, exercised (opened and closed), maintained (if necessary) and the information recorded for future reference. Customers affected by the valves and water mains being worked on may experience short periods of time (15 to 30 minutes)

TRICK OR TREAT



Elijah, Brandon and Parker Burns went trick or treating with Natalie and Ryleigh Melliou in East Jordan.

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Habitat for Humanity seeks skilled volunteers for "Framing Blitz"

Northwest Michigan Habitat for Humanity is seeking skilled and unskilled volunteers willing to respond to the increasing need for affordable housing in Emmet and Charlevoix Counties. Habitat seeks community help for volunteer half day or whole day framing volunteer crews to help frame a modest, ranch home in the Lantern Walk development beginning the second week in November 2015.

Volunteers assisting Habitat on the currents builds will participate in a variety of recognition programs, including:

- All builders/contractors who send a half or whole day volunteer crew(s) will receive recognition on our website and in the newspapers, as well as special Habitat Commemorative Build Tshirts, community swag bag and great food for their framing day workers! Volunteers will receive recognition gifts as well.

- Corporations may sponsor an employee or volunteer crew, or may ask employees to volunteer their time. Corporations sponsoring employees as volunteers will receive tax deductible contribution receipts.

- Framing Days will commence following slab pour on a shallow frost free foundation and will minimally include framing & roof trusses, sheathing, window and door installation, roof deck and shingling, and exterior (Dow Board) insulation. It is anticipated that framing will commence and be completed during a Blitz Framing Build the second and third weeks in November, weather permitting.

Habitat is currently seeing an increase in the number of families needing affordable housing services. As a volunteer driven organization, Habitat is requesting community assistance to complete current projects as soon as possible. Currently six Habitat Partner Families are approved and waiting for homes in our area, and more than 20 other applicants have applied for assistance in finding safe, affordable housing. Through their Home Preservation program, Habitat is also serving lower income homeowners whose homes are in need of critical repairs such as roofing, ramps, painting or handicap accessibility modifications.

"The demand for affordable housing has created a shortage of helping hands within the Habitat Mission," states Habitat Volunteer Manager, Mandy Martin. "Habitat is seeking help from local builders, contractors and volunteers to frame in the first home under construction in Habitat's new Lantern Walk subdivision in Alanson. All building materials necessary will be provided by Habitat. Project management will be Craig Lively, licensed Habitat staff builder."

Habitat believes that with community support for volunteerism, their housing services can be provided to the many families seeking safe, affordable housing. There are needs for skilled and unskilled volunteers throughout Charlevoix and Emmet Counties. Since 1990, NW Michigan Habitat for Humanity has served Charlevoix and Emmet counties as a 501(c) 3 non-profit organization who designs and builds safe, affordable housing for qualified lower income families. Habitat gives families a hand-up, not a hand out through low, to zero interest mortgage or equity loan products that assist families in maintaining their homes or finding suitable housing within their budget.

NW Michigan Habitat is an affiliate in good standing with Habitat for Humanity International. The affiliate has built 35 homes serving 37 families with new homes, and is in a growth mode. Habitat is currently working on a Petoskey Rehab, a Boyne City Rehab, an Alanson new build, and will at least one more build plus a variety of repair projects throughout 2016. Over 35 applicants for Housing Preservation and homes are currently being processed. The affiliate has also operated one of the largest Habitat ReStore thrift shops in Michigan, recycling household goods, building materials, housewares and more in support of their mission to eliminate poverty housing.

Volunteers willing to assist with safe, affordable housing mission of Habitat for Humanity should contact NW Michigan Habitat for local project information by calling Mandy Martin at 231/348-6926 ext. 102, email: mandy@northwestmihabitat.org.

Good Samaritan Furniture Store and Sammy's Shoes

By Tina Sundelius

The Good Samaritan Furniture Store has outgrown the building it has been occupying for the past few years and moved next door to the building recently occupied by MI Farm Market.

The Good Samaritan Ministry serves between seven and eight hundred families through their food pantry each month. The number of needy that benefit from the resale shop and furniture store is unknown but the ministry has continued to grow and provides quality furniture and home décor. "It's all donated and it comes from all over," said Mary Peterson, Director of the Pantry/Resale Shops who began the Good Samaritan on her kitchen table in 1990.

When the Good Samaritan first opened the furniture was sold out of the resale shop then moved to the Center Street location. "We needed more room, it became overwhelming, so we moved next door, the windows are so nice and we have some ladies that come in just to dress the windows," said Peterson. The volunteer driven ministry has 122 volunteers that perform a variety of tasks such as picking up food and donated items, sorting clothing, helping folks fill out forms, hauling furniture and stocking shelves.

The new store also houses appliances and flooring donations. All the proceeds from the furniture store come back to the food pantry.

The ministry whose official mission is serving the Lord while reaching out to those in need is also affiliated with Mom and Tots whose goal is to equip young mothers with the means necessary to raise healthy and happy children and His House, a mentoring program for young men. "We're here to support families," said Peterson. "Sometimes they just need somebody to listen, It's just not always a financial need or even food, it's being heard and seen and listened to," she said about the ministry that provides help with emergency needs like shut off notices, propane fill ups or "the guy who comes in with his face all swollen with a trip to the dentist," she said.

Sammy's Shoes

Sammy's Shoes takes up space in a small room in the back of the original resale shop and contains over 700 pairs of brand new tennis shoes. The shoes sell for \$5 for the smaller sizes and \$10 for the larger. "Some of these kids have never had new shoes," said Peterson. Anyone with a Bridge card or who qualifies for the free and reduced lunch program qualifies for Sammy's Shoes.

The main resale shop and pantry is located on the north end of Ellsworth on Main Street the furniture store is located on the corner of Main and Center Streets at the four corners downtown Ellsworth. "We're here to help families improve their quality of life and to help them get through the rough times, when families are really struggling and they don't know where to turn, that's why we're here," said Peterson.

BOYNE CITY POLICE DEPT.

Monday, October 19 0519 Assist EMS on Romaniak Rd. 0931 Report of missing li-

cense plate. 0957 Vehicle unlock in the

200 block of W Morgan

1300 Found Hunting gear left outside PD. Owner was located.

1453 Report of tree falling onto shed

1720 Vehicle unlock in the 400 block of N Lake St 1947 Found Debit card in the 200 block of N Lake St 2031 Car deer accident on Boyne City Rd. near Court St. 2326 Report of threat received on M-75 S.

Tuesday, October 20

1022 Sailboat mast took out cable line and damaged streetlight on Lake St near the boat launch

1025Report of burningleaves in the 400 block of LewisAv. Was extinguished1435Disturbance in the 300

block of E Division St 1650 Civil custody dispute

in the 700 block of S Park St. 1705 Assist Sheriff Dept at M-75N/Old 75 loop. 1727 Civil complaint from

the 800 block of Boyne Ave.

WEDNESDAY OCTOBER 21

0820 Suspicious situation reported in the 300 block of S Park St 1320 Vehicle unlock in the

800 block of Sate St 1343 Report of loud crash in

the area of State and East St 1418 Vehicle unlock in the



100 block of E Water St 1513 Report of construction noise late at night in the area of Vogel and Jefferson

1523 Welfare check on Cherry St. 1601 Welfare check on

1601 Welfare check on Hull Street.

1829 Assist Fire Dept with smell of gas on Boyne Av and Pearl.

2352 Report of a road sign blown over on Lakeshore and Marshall.

Thursday, October 21

0101 Assisted Sheriff Dept on US 131 S. 1351 Larceny of golf clubs from vehicle 1630 Report of civil complaint from the 100 block of

Boyne Av 1724 Assist MSP on M-75 S at Magnet Dr.

Friday, October 23

0806 Property damage accident at State and Brown. Citations issued for No Insurance and for Fail to Stop in assured Clear Distance 0823 Bond violation in the 300 block of N Lake St 1029 Civil standby in the 400 block of E Main St 1344 Report of lost cell phone on Saturday 1400 Citation issued for Speed at Lake and Lincoln. Citation issued for 1530 Speed at Vogel and Maddy Ln. 1605 unwanted firearm

dropped off at PD

1700 Report of missing license plate from the 700 block of Douglas.

1755 Mast of sailboat broke the light on the pole at the boat launch.

1820 Juvenile complaint on Ann near West St.

2158 Citation issued for disregard red light at Lake and Water.

2227 Report of a disturbance on Marshall Rd. Arrested subject for assault.

Saturday, October 24

1039 IRS scam reported from the 400 block of W Michigan Av

1051 Assist EMS at Veteran's Park pavilion

1400 Citation issued for Speed at Lake and Lower Lake 1453 Found wallet in the 500 block of N Lake St

1500 Driving complaint in

the alley at S Lake and Trent St 2123 Report of possible

PPO Violation on M-75 S

Sunday October 25

0907 ^{*f*} Child custody issues in the 700 block of S Park.

1226 Report of found property missing cash in the 200 block of N Lake St

1303 Private property damage accident in the 400 block of N Lake St

2247 Assist Sheriff Dept on North Camp Ten Rd.

News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

CHARLEVOIX

Handling the Holidays

Workshop

November 5, 7pm, First Baptist Church Community Room, 6781 M-66 North. This program is open to anyone who feels a need for help in coping with the holidays. Special focus is given to those who are grieving the loss of a loved one whether recent or in the past. We talk of how to cope with our loss through the Holidays and special occasions, and assist in creating a simple plan for handling some of the stresses associated with the holidays. The workshop will be facilitated by David Behling Hospice of Northwest Michigan Chaplain and Bereavement Counselor, and participants will receive an outline with a Holiday planner and other helpful resources. There is no registration for this event but for more information you may call 231-547-7659 or visit our website at hospicenwm.org or find us on Facebook at Hospice of Northwest Michigan. There is no charge to attend.

CHARLEVOIX

First Friday Business

Breakfast

November 6, 7:30-8:30am, Northern Michigan Sports Medicine Center (sponsor). Charlevoix Chamber networking event. Enjoy a wonderful hot breakfast, catered by Grey Gables, before heading off to work. Catch up with other Chamber Members and find out what's going on with their business, organization, or club. \$5 members, \$7 nonmembers.

BOYNE CITY

Boyne City Freedom

Run

November 7, 10am, Veterans Memorial Park. Celebrate Veterans Day - Run / Walk 1 mile or 5k side by side with Veterans joining us from all branches of the Military. Can't attend the event...participate "Virtually" by registering and running/walking where you Register by October are. 19th, we will mail your shirt and you can run/walk where you live. Better yet, get a group together take photos or a video of your virtual run and share it on our facebook page. Cost: \$20 (Youth & Adult), Children (13 & Under) FREE. For registration forms or more event details email gunnerk9@yahoo.com or call 231.582.6058 also facebook/BCFreedomRun. Online registration is available through Active.com (fees apply). The run/walk will not be timed.

Free homebuyer workshops offered

A free workshop and lunch covering key components of buying a home is being offered every 2nd Saturday from 9 a.m. - 4 p.m. at Northern Homes Community Development Corporation located at the Boyne City Airport. The next workshop will be held on November 14. The Homebuyer Education Workshop is designed for anyone who wants to know how to get qualified on a mortgage and how much they will qualify for, how to improve their credit, how to avoid predatory lending, and what to

BOYNE CITY

Forces

p.m.

CHARLEVOIX

America Sings Salute to

November 8, 2pm, Perform-

ing Arts Center at Boyne City

High School. Entertainers in-

clude the Pine River Jazz

Band complete with swing

band dancers, Boyne Meets

Broadway show tunes from

the High School Drama De-

partment, Nathan Bates, Katie

and Camden Mackenzie per-

forming their "Who's on First"

routine, and more to be an-

nounced soon. Admission is

free and doors open at 1:30

Great Lakes Chamber

November 8, 4-6pm, Castle

Farms. Sunday Series featur-

ing The Great Lakes Chamber

Orchestra Ensemble, Amy Joy

Cross, Soprano; and Jamie

Platt, Alto. A free will donation

will be collected at the door.

This program is made possi-

ble due to the generous sup-

port provided by The

Charlevoix County Commu-

nity Foundation and by Board

Member Carolyn Klender. For

more information please con-

tact the Great Lakes Chamber

State of the Community

Harvest

Church, 210 S. Lake Street.

Stevenson - East Jordan

Public School Superintendent,

Jane Sage & Christy Nelson

November 10,

Presenters include:

office

at

Noon-

Barn

Matt

Orchestra

1:30pm,

231.487.0010.

EAST JORDAN

Orchestra Recital

Veterans and Armed

appointment or for more information.

BOYNE CITY

Blood Drive

November 13, 8:30am-2:15pm, Boyne City High School, 1035 Boyne Avenue. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

EAST JORDAN

Ballroom Dance

November 13, East Jordan VFW Hall, 6710 M-31 Hwy. Ballroom Dance with live music by the Jordan Valley All Stars. Includes a dance lesson at 6pm. The band plays from 6:45 to 9:15pm. Suggested donation - \$10 per person, children 12 and under free. Bring your own soft drinks and snacks. For more information, please call 231-533-8368.

BOYNE CITY

Willie Nile in Concert

water Gallery. Tickets \$25 in advance and \$30 at the door, call; (231) 582-2588.

BOYNE CITY

Flu Immunization Clinic November 16, 4-6pm, Boyne City Middle School, Media Center, 1025 Boyne Ave. Open to the public, ages 18 and older. Pre-registration required. Call 800-432-4121 for appointment. Visit www.nwhealth.org.

BOYNE CITY Final "Boyne on the Water" Session

look for in an agent or contractor. It will also provide information to those who want to purchase a home after recovering from foreclosure.

"Successful homeownership depends on the ability to make informed and responsible choices," explains Executive Director, Jane MacKenzie. "This program covers the key components of home purchase in an easy to understand format.'

Upon completing the workshop, all participants receive the certificate

> nity for business networking and mingling with community members.

BOYNE CITY

Earlier Than The Bird

November 21, 7-11am, downtown Boyne City. There will be plenty of holiday shopping available from nearly 30 plus Boyne City businesses participating in the 8th annual "Earlier Than The Bird" holiday shopping event. The event is created for those who want to kick off the holiday shopping season with friends, fantastic shopping deals, coffee and pastries, all while in the comfort of their pajamas. By holding the event the Saturday before Thanksgiving, merchants are inviting customers to come and get an "early bird" preview of all the great holiday shopping available in Boyne City. Stores and restaurants will be offering special deals along with holiday treats. In addition, those shoppers wearing their pajamas will receive a souvenir Boyne City coffee mug. Sorry, sweats and workout clothes are not eligible as pajamas. The event is sponsored by the Main Street Program / DDA and the Boyne Area Chamber of Commerce. For more information contact the chamber at 582-6222.

CHARLEVOIX

12th Annual Advent Tea November 21, 1-3pm, Christ Episcopal Church, 200 State Street (corner of State and Clinton). In addition to the afternoon tea with sweets and savories, a Country Market will offer home baked items and food specialties. Proceeds from the event will be given to the Charlevoix Com-

that is required to obtain a mortgage through various mortgage loan programs such as FHA, VA, RD, and MSHDA. The certificate is valid for 1 year. Those who complete the workshop are also eligible for a free credit report review and one-on-one consultation with personalized action plan.

All Homebuyer Education Workshop must register by calling 231.535.0195. Visit www.northernhomes.org for other workshops offered by Northern Homes CDC throughout Northern Michigan

> from the event will go to Kiwanis Club of Boyne City. Kiwanis Clubs focus on changing the world by serving children, one child, and one community at a time. 100% of the money raised from this event will stay in the Boyne City Area! We would also ask everyone to bring a canned good or non-perishable item to the event. We will then deliver it to our local food pantry, which is always in need.

BOYNE CITY

Community Thanksgiv-

ing Dinner

November 26, Noon-2pm, Eagles Hall, 106 N. Lake Street. The dinner is open to the public, and there is no charge. Dinner includes turkey, stuffing, potatoes and vegetables gravy, and desserts. Anyone who needs a ride or would like to volunteer or donate food is asked to call the Eagles (in advance) at 231-582-6904. Please consider bringing a monetary donation or a non-perishable food item; proceeds will be divided among local food pantries.

BOYNE CITY

Holiday Open House &

Santa Parade

November 27, 5-9pm. To make it a true community celebration of the season, everyone is invited to participate from businesses and organizations with floats, to children dressed in their holiday finest, to businesses offering great shopping, refreshments and hospitality. The open houses begin at 5 p.m. and the parade starts at 6 p.m. Boyne Area Girl Scouts will light the Community Christmas Tree at

to Care & Share Good Samaritan Food Pantry.

CHARLEVOIX

Ironton Ferry Service Suspended

The Charlevoix County Transportation Authority has determined it will be necessary for the Ironton Ferry to remain closed for the remainder of the 2015 season, due to the extensive damage caused by an October 2nd private vehicle fire while aboard the ferry. The Transportation Authority anticipates no fire-related delay in the annual re-opening on April 15, 2016 as scheduled.

BOYNE CITY

Farmers Market

The Boyne City Winter Farmers Market begins November 7 at the Red Barn on Saturday's from 9am-1pm through April.

EAST JORDAN

Farmers Market

Thursdays, 9am-1pm at Sportsman's Park (Bridge Street). Winter Farmers Market begins November 14 at the Civic Center. Takes place on the second Thursday of the month from 10am-2pm through April. On Facebook at EastJordanFarmer'sMarket

CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is NO CHARGE to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

BOYNE CITY

Boyne Volunteer Net-

work

Boyne volunteer network is a joint project of the Boyne District Library, Boyne City Main Street Program and the Bovne Area Chamber of Commerce. It's easy to participate

- just go to www.boynevolun-

November 14, 8pm, Fresh-

CHARLEVOIX

Active Military and Veterans Appreciation Event

November 7, 1-4pm, Flight Deck Bar & Bowling Alley. There is no charge for active military and veterans who show their military ID (and spouses). \$10 cover charge for family, friends, and community. Enjoy Chicken, Pasts Salad, Baked Beans, Free games of pool, Free hosted card games, Discounted bowling and shoes, Free DJ and/or Karaoke, Door prizes, 50/50 Games of Chance and Drink specials. At 1pm there will be a Welcome Military Pinning Ceremony for all veterans in attendance. Last chance tickets (\$25 each) will also be available (if not sold out) for the Patriot Quilt Raffle. To purchase tickets, contact Amy Wieland at Hospice of Northwest Michigan at 231.547.7659.

Jordan Chamber of Commerce, 100 Main Street, PO Box 137, East Jordan, MI 49727.

Northwest Michigan Works! Tom Cannon – East Jordan Administrator, Tom Teske -Chairman East Jordan Downtown Development Authority, Mary Faculak - Executive Director East Jordan Area Chamber of Commerce. Event Sponsors: East Jordan Public Schools, Charlevoix State Bank, Northwest Michigan Works!, The Harvest Barn Church. \$15 per person for Chamber members, \$20 per person for not-yet members.

ELLSWORTH

Blood Drive

November 10, Noon-5:45pm, Ellsworth High School, 9467 Park Street. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

BOYNE FALLS

Blood Drive

November 10am-11. 3:45pm, Boyne Falls School, 01662 M-75 South. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

CHARLEVOIX

Blood Drive

November 12, Noon-5:45pm, Community Reformed Church, 100 Oak Street. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an

November 17, doors open at 5:30pm, St. Matthew Church, 1303 Boyne Avenue. City officials and a steering committee for the project are encouraging area residents to attend and to help spread the word about this meeting. Dubbed "Boyne on the Water," the effort is part of a grant-funded program conducted by Michigan State University in collaboration with the Michigan Municipal League. For more information about the project, and some of the ideas presented in previous sessions, visit www.cityofboynecity.com.

CHARLEVOIX

Business After Hours

November 18, 5-7pm, Villager Pub. Don't miss out on our last Business After Hours of 2015. Co-sponsored by Charlevoix State Bank and Villager Pub and hosted by Villager Pub. This is always a favorite for the BAH crowd. Come early to get a seat. Lots of door prizes and the Money Machine will be on site for a chance to win some cash. No charge for members, \$10 nonmembers.

BOYNE CITY

Business After Hours

November 19. 5:30-7:30pm, 4Front Credit Union. This month's Business After Hours is being hosted by 4Front Credit Union (formerly Bay Winds Credit Union), located at 308 N. Lake Street in Boyne City. Perfect opportu-

munity Food Pantry. A dona tion of \$15.00 is suggested.

CHARLEVOIX

Thanksgiving Farmers

Market

November 24, 9am-1pm, Charlevoix Public Library. Fresh turkey: 989.731.1332. Also supply your holiday with fresh local bread/rolls, bagels, organic veggies, pies, sweets, centerpieces for your table by Coveyou Farms, herbal teas, baked goods, jam/jellies and much more. Call Chris Leese at 231.330.0968 for more information or special order phone numbers.

BOYNE CITY

Kiwanis Boyne City Turkey Trot

November 26, 9am, Start and Finish in Veterans Park. Individual Entry - \$20 pre-registration(1-t-shirt), \$25 day of event. Family Entry - \$40 preregistration(2-t-shirts), \$50 day of event. T-shirt guaranteed if entry form received by November 20, 2015. Extra tshirts will be available for purchase @ \$10 each. Packet pick-up day before event from 2-6pm @ Edward Jones in BC. Forms can be picked up at: Boyne City Chamber, Edward Jones, Kilwins of Boyne City, Inspired Living & North Country Cycle Sport. Printable forms: www.boynechamber.com. Online registration: www.superiortiming.com

Information at: www.runmichigan.com. All proceeds the west end of One Water Street, near Sunset Park, at 5 p.m. Following the tree lighting the Girl Scouts will lead holiday revelers in caroling. The evening's special guest is the Jolly Old Man from the North. Santa will arrive on his sleigh, joined by some of his elves, and some reindeer from the North Pole. The parade starts at 6 p.m. and lineup is at 5:30 on East Main Street between East and Lake Streets. The parade route will follow Lake Street to Water Street through the heart of downtown Boyne City. After the parade, there will be hay rides sponsored by Re/Max Resort Properties, and Santa will meet with children. For additional information call Karen Guzniczak at Country Now & Then/Up The Lazy River, 582-2355.

CHARLEVOIX

Tree Lighting Celebration November 27, 3-6pm downtown Charlevoix. Black Friday sales all day, Circle of Arts Cookie Decorating and Craft Activities from 3-5pm, Free Photos with Santa at Charlevoix State Bank from 3-5pm, Cookies and Cocoa in East Park from 4-6pm, Holiday Parade on Bridge Street at 5:30pm, Tree Lighting in East Park at 6pm.

EAST JORDAN

Holiday Business After

Hours

November 30, 5-7pm, Jordan River Arts Council. Sponsored by EJ. Food, Drinks, Live Music. Cash donations teers.org and fill out the application form, which will tell us your skills, interests and contact information. We will contact vou later about volunteer opportunities that may interest you. If you have questions or would like to learn more about how to include your organization and volunteer needs in this new network, contact Monica Kroondyk at the Boyne District Library by phone at 231-582-7861 or by email at kroondykm@boynelibrary.org.

EAST JORDAN

Christian coffee house

Open Door Christian coffee house will be held every first and third Saturday at the East Jordan Community Center on Main St. Refreshments are available; free coffee and a small charge for pizza and soda. We have a lot of wonderful talent right here in northern Michigan. Great fellowship, everyone is welcome to come

CHARLEVOIX

Story time

Weekly Story Time is hosted every Thursday at 10:30am and all children and their parents or caregivers are invited to attend. Story Time at the Charlevoix Library is geared towards children birth to five years old. Ms. Laura, storyteller extraordinaire, reads stories, sings songs, interacts with finger plays, and sometimes even dances with the kids.







News **ELECTION**

CONTINUED FROM PG. 1A

ceived 170 votes and Leslie Marie Neilson 128, Neidhamer and Conklin will be sworn in at the November 10 meeting.

In East Jordan incumbents Andrew Boyer took 125 votes, Paul Timmons, 126 and John Doebel 106 votes. All three ran unopposed.

Peaine Township and St. James Township renewed the Beaver Island District Library Millage for another 4 years. The renewal of 0.9864 mill will provide funds for library services and operations.

In Ellsworth, the school's bond proposal passed with 56% of the total ballots cast. "The Ellsworth Community School District school board and staff are very grateful for the support shown for our schools and students with the passing of the school bond. We are excited to begin the process of improving the District's facilities as we continue to offer the best education possible for the students of the Ellsworth community," said ECS Superintendent Aaron Gaffney

2,379 ballots were cast out of a possible 14,200 registered voters; 16.75%. The vote totals are preliminary until verified by the County Clerk.

By Krystal Johnson

Cannon shared.

Winners of Area Races *Unofficial

Sovne Citv



NEIDHAMMER

HUGH

CONKLIN

JOHN

DOBEL





BOYER



GIBSON

HAGEN



Crossroads Resale Shop to grow with aggressive building addition Mike Burr, regarding a \$455K

building expansion project at Crossroads Resale Shop. Planning to grow the organization by 5,200 square feet, Burr described the project as, "An aggressive addi-

The resale shop began in 2005 when local churches joined together to provide an outlet that would sell quality used clothing, furniture, and household items. That year, the store sold just over \$27K in merchandise in only seven months. In 2014, Crossroads had sales reaching nearly \$100K. Crossroads has also given back to

the community in monetary funds, seeing and meeting the needs of programs within East Jordan at an estimate of \$192K in the last decade. One such program on the receiving end of that support includes the Care & Share Food Pantry, which is provided a rent free space at the Crossroads building. Seeing a need to grow, the organization has purchased additional property where they hope to expand.

Burr said he plans to be soliciting local businesses and East Jordan Area Chamber members who are willing to give back to the

requirements.

Daylight Saving Time

ends this weekend and

when everyone turns

their clocks back, the

American Red Cross re-

minds them to also take

these steps to make sure

their household is pre-

pared for emergencies.

"It's important for

everyone to make sure

their household is ready," said Kimberly Burton,

American Red Cross Re-

ficer. "A disaster like a

where, at any time. We

gency occurs.'

urge people to take these

steps now and know what

they should do if an emer-

- Check smoke alarm

batteries. When turning

the clocks ahead, take a

smoke alarm batteries

and push the test button

to make sure the alarms

are working. It's also a

great time to check car-

bon monoxide detectors.

If someone doesn't have

them. At a minimum, put

one on every level of the

home, inside bedrooms

areas. Check local build-

ing codes for additional

and outside sleeping

smoke alarms, install

- Install smoke alarms.

few minutes to replace the

gional Chief Executive Of-

home fire can happen any-

Campaign aims to reduce home fire deaths, injuries

- Practice an escape plan. Make sure everyone in the family knows how to get out of every room and how to get out of the home in less than two minutes.

- Get a kit. Keep disaster supplies in an easy-tocarry bag to use at home or carry in case ordered to evacuate.

- Make a plan. Have all household members plan what steps they should take if an emergency occurs.

- Be informed. Learn what emergencies can occur in the area and how officials notify residents should a disaster occur.

People can learn how to help prevent a home fire and what to do if one occurs by downloading the **Red Cross Emergency** App. They can use the app's Family Safe feature to help stay in touch with loved ones. Children can earn points and incentives in a fun, gaming environment while learning how to prevent a home fire and other emergencies in the Monster Guard: Prepare for Emergencies App. The First Aid App provides expert advice including

what to do for burns, broken bones, and breathing and cardiac emergencies. The apps can be downloaded for free in app stores or at redcross.org/apps.

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Seven times a day someone in this country dies in a fire. The Red Cross has been working to reduce that number through its Home Fire Campaign, credited in its first year with saving several lives and protecting thousands of others by installing new smoke alarms in their homes.

The Home Fire Campaign is a multi-vear effort to reduce the number of home fire deaths and injuries by 25 percent. Working with fire departments and community groups across the country, the Red Cross and its partners have installed more than 125,000 smoke alarms in homes across all 50 states.

The Red Cross also is asking every household in America to take the two simple steps that can save lives: checking their existing smoke alarms and practicing fire drills at home.

community in hopes of receiving support for the project. While the city of East Jordan is unable to back the project financially, Burr expressed appreciation of the support that has been given through the act of rezoning of the new property.

Crossroads Resale Shop and Care & Share Food Pantry are located at 205 Water Street. Crossroads can be contacted at (231) 536-7606

The next regular meeting of the East Jordan City Commission is scheduled for 7 p.m., Tuesday, November 17, 2015.

List locally! List with us!



"The harbor had one of its best the parks department hopes to fiseasons in six to seven years," nance and construct an ice skating rink for the 2016/17 winter

season at the Community Park.

The commission also heard

from East Jordan area resident,

Highlights included the first annual Fall Fest at the Tourist Park and many improvements at the

Community Park. Developments at the Community Park involved the grand opening of the disc golf EAST JORDAN - After wrapcourse in May with a tournament ping up a successful season of updates and improvements, the East Jordan city commission received the 2015 parks department report at the Tuesday, November 3 commission meeting, presented by City Administrator Tom Cannon.

TIMMONS Charlevoix



SIX MILE LAKE ROAD, EAST JORDAN

How would you like to own 67' of frontage on Beals lake? Look no further, great fishing and a wonderful area to set up camp and just take in the beautiful views of nature. Property also has a 14 drive well. MLS 445459. \$15,000. Ask for Mike Stark or Holly Nierman



LOT 44 CHAPEL HILL ESTATES, PETOSKEY

High quality subdivision that's wooded. Sites with views and with walkout possible.Thoughtful restrictions, 3 miles south of Petoskey, off river roading. MLS 445114. **\$44,900.** *Ask for Donald Wright.*



8162 MOHRMANN BRIDGE, CENTRAL LAKE

Spacious country tri-level home with Ogletree Creek running right past the back yard deck. Quiet setting, open floor plan, 2 car garage, decking & more. Great location just a few minutes from town and nearby lakes. Offers are subject to third party approval. MLS 445788. \$95,000. Ask for Mike Stark or Holly Nierman







6382 RUSHTON ROAD, ELLSWORTH

2 separate parcels. On the lake side there is approx. 2.20 acres on Wilson Lake with a newer boardwalk with dock all the way to the waters edge. Across the road is approximately 1.5 acres with a cistern well, septic and power and does have health dept approval. On Lake Wilson you can go north, all the way into Lake Ellsworth, or south all the way to Elk Lake. MLS 441843. Ask for Mike Stark. \$48,900





7172 PARMATER, ELMIRA

This 5BR 2BA farmhouse is one of a kind. Along with the house there is a 40' x 60' pole barn with 14" high ceilings and front and back openings, partially insulated. This beautiful home has original hardwood floors, newly refinished, wide trim, new roof, and many updates. Sitting on 5 acres with spectacular views from every window Ask for Mike Stark or Holly Nierman. MLS 446132. \$179,900





02268 S M-66 HIGHWAY · EAST JORDAN

Lake Charlevoix Cottage! Beautiful 98 feet of sandy frontage. Well maintained three BR, 1 BA home comes completely furnished. This bright, airy Lake Charlevoix Cottage is quite the find, it sits on 98 feet of frontage that is very welcoming to guest and family alike. The rooms flow beautifully and the views of the Lake from every window is just something you don't want to miss out on. MLS #445872. \$349,900. Ask for Holly Nierman



HOLLY NIERMAN ASSOCIATE BROKER, MANAGER CELL: 231-675-3105



MIKE STARK ASSOCIATE BROKER CELL: 231-357-2347







DON WRIGHT LICENSED REALTOR CELL: 231-838-0877



CHRIS OLIVER ICENSED REALTOP CELL: 231-675-7342